



May 2025

ATA Martial Arts

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MONTHLY THEME: Respect

When you are considerate of other people's ideas, feelings and actions, you give respect. You demonstrate respect when you treat your friend in a way that she knows you care about her feelings. When your friend is sad about her grandmother being sick, you listen and tell her that you care. When you recognize the special qualities of every person in your family, you are demonstrating respect. Such as going to a concert to listen to your brother play the piano. When you give honor to parents and family members in your speech and action, you are demonstrating respecting others, like saying "please" and "thank you." A way you can show respect to your classmates is by waiting your turn in line for the water fountain and not shoving or pushing.

You practice respect when you are considerate of other people's ideas, feelings and actions. You show respect when you practice politeness in speech, and in actions and when you honor adults with good manor and courtesy. That's why we teach respect in our Martial Arts classes, because it's important for getting along with others. Even more, showing respect for others can help you gain the respect and friendship of others. By showing respect to others you are demonstrating that you are learning the true meaning of Martial Arts.

Earn a BONUS Blue Star for Respect!

Parents, if your child shows respect at home or school we'd like to hear about it! Write a note telling us how your child demonstrated respect and send it with them to class. Students who demonstrate respect outside of class will be rewarded with bonus blue stars this month in addition to the blue star worksheet!

Upcoming Events

Happy Memorial Day, CLOSED May 26

Next Graduation June 24, 25,26



Saturday May 31th
4-8PM Workouts,
Games, Hotdogs!